

NUTRALYO®

Dietary foods for special medical purposes

Clinical nutrition is one of the main lines of development for LB LYOpharm. In creating our clinical range of products, the aim of our research is to satisfy the nutritional needs particular to specific pathologies through the production of specific foods that are tasty and stimulating for the patient's appetite. So, better nourished, the patient better responds to treatment. This line has been developed with the help of dieticians, hospital physicians and oncologists.

NutraLYO® is an innovative line of products intended for cases of malnutrition, muscular atrophy, oncological diseases, and treatments involving higher energy requirements. Malnutrition in the elderly is a real problem in public healthcare, and its significant medical and economic impact is recognized by the European Union. Our first products are aimed at helping these patients.

The lyophilization process

Lyophilization is the only technology to emerge which completely satisfies all clinical and nutritional needs. Also known as freeze-drying, this process is used to remove water from soft or solid foods by the following three phases:

- freezing the product to temperatures between -30°C and -50°C
- primary drying or sublimation: this phase is carried out under vacuum pressure. Water within the product changes from a solid state (ice) to a gaseous state (vapour). This process is carried out in temperatures superior to -20°C
- secondary drying: this phase is carried out under vacuum pressure, with temperatures not exceeding 50°C.

The average duration of one drying cycle lasts between 60 and 72 hours and the residual moisture in the final product ranges between 4 and 6%. Today, lyophilization takes place in our 200m² laboratory where 40,000 to 60,000 units are produced weekly.

HIGH NUTRITIONAL VALUE

Totally absorbable amino acids

TASTE

Excellent organoleptic quality

NATURAL

No preservatives, no food coloring agents, chemical additives or food flavoring added

QUICK AND EASY TO PREPARE

Product rapidly ready to use after rehydration

LONG SHELF LIFE

No storage problems

NutraLYO®

Liofilizzati proteici ad alta digeribilità



The advantages of lyophilization

- unaltered preservation of the organoleptic qualities of the product
- preservation of sensitive components (e.g. vitamins, proteins, ...)
- rapid rehydration of our dried products with hot or cold water
- food products with a long shelf-life, several months at room temperature (below 20°C)
- Easy to transport and store

Product characteristics

- excellent nutritional value
- excellent organoleptic qualities
- use of totally digestible amino acid from non-hydrolyzed, purified whey proteins
- gluten free
- ingredients free from preservatives, dyes, chemical additives and flavouring enhancers
- a long shelf life without storage problems
- servings prepared according to the patient's consumption needs

Food production and preparation

Our soups and desserts are prepared with vegetables and fruits processed in our laboratory using specially created steam based cooking systems which enable us to avoid both the use of additives and the Maillard reaction (which causes oxidation resulting in discoloration and a bitter taste in some food).

Added supplements

The Vitamins, Minerals and Trace elements added to our food are of pharmaceutical grade.

The NutraLYO® line

NutraLYO® products have been developed to meet the nutritional needs of different pathologies. Tasty and digestible, our products support the healing process thanks to our high quality proteins. Distributed in 4 subdivisions (soups, drinks, lyogurts and desserts), our products allow patients to enjoy natural and tasty products throughout the entire day.



LYO soup

- pea: peas (59%), potatoes, carrots, zucchini, onion
- vegetables: vegetables 80% (potatoes, carrots, zucchini, leeks, onion, parsley, garlic)
- tomato: tomatoes (46%), potatoes, concentrated tomatoes, carrots, fennel, garlic, parsley
- pumpkin: pumpkin (62%), potatoes, carrots, onion

Ingredients: whey proteins, olive oil, inulin, sea salt, citric acid, mineral salts (zinc sulphate, iron sulphate, magnesium carbonate, calcium phosphate, potassium chloride, potassium hydroxide, potassium phosphate, potassium iodide, sodium selenite, potassium iodate, sodium fluoride, manganese sulphate monohydrate, chromium (III) potassium sulphate 12-dehydrate, copper (II) sulphate anhydrous, sodium molybdate), vitamins (retinyl acetate, thiamine chloride, cyanocobalamin, riboflavin, nicotinamide, calcium D-pantothenate, pyridoxine chloride, D-biotin, pteroilmonoglutammic acid, L-ascorbic acid, cholecalciferol, DL- α -tocopheryl acetate, phyloquinone).

Instructions for use: pour into the measuring cup 50 ml of cold water and then pour it into the bottle. Then pour in the measuring cup 100ml of boiling water and add to the product in the bottle (do not use hot tap water as it may contain a source of bacteria). Mix well, wait 2 minutes. The soup is ready to serve. To be served quickly, this product contains no preservative.



LYO soup								
NUTRITION FACTS	Pea		Vegetable		Tomato		Pumpkin	
	Per 100g	Serv. 42g	Per 100g	Serv. 43,5g	Per 100g	Serv. 42g	Per 100g	Serv. 42g
Energy	2045 kJ	859 kJ	2061 kJ	897 kJ	2041 kJ	857 kJ	2132 kJ	896 kJ
	489 kcal	205 kcal	492 kcal	214 kcal	488 kcal	205 kcal	509 kcal	214 kcal
Fat	20,1g	8,4g	19,1g	8,3g	20,7g	8,7g	19,5g	8,2g
saturated	2,8g	1,2g	2,7g	1,2g	2,8g	1,2g	2,8g	1,2g
Carbohydrates	25,2g	10,6g	30,8g	13,4g	26,9g	11,3g	30,7g	12,9g
Sugars	12,8g	5,4g	8,5g	3,7g	17,6g	7,4g	22,1g	9,3g
Fiber	15g	6,3g	13,6g	5,9g	14,3g	6g	15,9g	6,7g
Protein	44,3g	18,6g	42,5g	18,5g	41,4g	17,4g	44,8g	18,8g
Salt	1,9g	0,79g	1,7g	0,73g	1,7g	0,71g	1,4g	0,6g
Vitamins								
A	537,5µg	225µg	517,2µg	225µg	537,5µg	225µg	537,5µg	225µg
C	60,5mg	25,4mg	58,4mg	25,4mg	60,5mg	25,4mg	60,5mg	25,4mg
D	7,5µg	3,1µg	7,1µg	3,1µg	7,5µg	3,1µg	7,5µg	3,1µg
E	8,75mg	3,7mg	8,5mg	3,7mg	8,75mg	3,7mg	8,75mg	3,7mg
K	58,75µg	24,7µg	56,8µg	24,7µg	58,75µg	24,7µg	58,75µg	24,7µg
Thiamine	1,25mg	0,5mg	1,1mg	0,5mg	1,25mg	0,5mg	1,25mg	0,5mg
Riboflavin	1,5mg	0,6mg	1,4mg	0,6mg	1,5mg	0,6mg	1,5mg	0,6mg
Niacin	4,8mg	2mg	4,6mg	2mg	4,8mg	2mg	4,8mg	2mg
Pantothenic acid	4mg	1,7mg	3,9mg	1,7mg	4mg	1,7mg	4mg	1,7mg
B 6	1,5mg	0,6mg	1,4mg	0,6mg	1,5mg	0,6mg	1,5mg	0,6mg
Biotin	20,5µg	8,6µg	19,8µg	8,6µg	20,5µg	8,6µg	20,5µg	8,6µg
Folic acid	150µg	63µg	144,8µg	63µg	150µg	63µg	150µg	63µg
B 12	1,7µg	0,7µg	1,6µg	0,7µg	1,7µg	0,7µg	1,7µg	0,7µg
Mineral salts								
Sodium	760mg	319,2mg	680mg	295,8mg	680mg	285,6mg	560mg	235,2mg
Calcium	525mg	220,5mg	506,9mg	220,5mg	525mg	220,5mg	525mg	220,5mg
Phosphorus	275mg	115,5mg	265,5mg	115,5mg	275mg	115,5mg	275mg	115,5mg
Potassium	900mg	378mg	868,9mg	378mg	900mg	378mg	900mg	378mg
Magnesium	81,2mg	34,1mg	78,4mg	34,1mg	81,2mg	34,1mg	81,2mg	34,1mg
Iron	6,25mg	2,6mg	5,9mg	2,6mg	6,25mg	2,6mg	6,25mg	2,6mg
Selenium	31,25µg	13,1µg	30,1µg	13,1µg	31,25µg	13,1µg	31,25µg	13,1µg
Zinc	7,5mg	3,1mg	7,1mg	3,1mg	7,5mg	3,1mg	7,5mg	3,1mg
Fluorine	0,5mg	0,2mg	0,4mg	0,2mg	0,5mg	0,2mg	0,5mg	0,2mg
Iodine	103,75µg	43,57µg	100,2µg	43,57µg	103,75µg	43,57µg	103,75µg	43,57µg
Chloride	512,5mg	215,2mg	494,7mg	215,2mg	512,5mg	215,2mg	512,5mg	215,2mg
Copper	1400µg	588µg	1351,7µg	588µg	1400µg	588µg	1400µg	588µg
Chromium	40,5µg	17,01µg	39,1µg	17,01µg	40,5µg	17,01µg	40,5µg	17,01µg
Molybdenum	53,75µg	22,5µg	51,7µg	22,5µg	53,75µg	22,5µg	53,75µg	22,5µg
Manganese	1,25mg	0,5mg	1,1mg	0,5mg	1,25mg	0,5mg	1,25mg	0,5mg

LYOdrink

- citrus
- pineapple
- red fruit
- apple-maracuja

Ingredients: fruit juice concentrate, whey proteins, sugar, inulin, citric acid, mineral salts (zinc sulphate, iron sulphate, magnesium carbonate, calcium phosphate, potassium chloride, potassium hydroxide, potassium phosphate, potassium iodide, sodium selenite, potassium iodate, sodium fluoride, manganese sulphate monohydrate, chromium (III) potassium sulphate 12-dehydrate, copper (II) sulphate anhydrous, sodium molybdate), vitamins (retinyl acetate, thiamine chloride, cyanocobalamin, riboflavin, nicotinamide, calcium D-pantothenate, pyridoxine chloride, D-biotin, pteroilmonoglutammic acid, L-ascorbic acid, cholecalciferol, DL- α -tocopheryl acetate, phyloquinone).

Instructions for use: Pour 100ml of cold potable water in the bottle. Mix well, wait 2 minutes. The drink is ready to taste. To be served quickly, this product contains no preservative.



LYOdrink								
NUTRITION FACTS	Citrus		Pineapple		Red fruit		Apple-Maracuja	
	Per 100g	Serv. 30g	Per 100g	Serv. 30g	Per 100g	Serv. 30g	Per 100g	Serv. 30g
Energy	1570 kJ	471 kJ	1522 kJ	457 kJ	1627 kJ	488 kJ	1518 kJ	455 kJ
	372 kcal	112 kcal	360 kcal	108 kcal	385 kcal	115 kcal	359 kcal	108 kcal
Fat	2,7g	0,82g	0,3g	0,1g	0,08g	0,024g	0,021g	0,064g
saturated	0,09g	0,027g	0,003g	0,001g	0,0029g	0,00087g	0,023g	0,007g
Carbohydrates	43,3g	13g	46,7g	14g	49g	14,7g	46,7g	14g
Sugars	43,3g	13g	46,7g	14g	49g	14,7g	46,7g	14g
Fiber	16,7g	5g	16,7g	5g	16,7g	5g	16,7g	5g
Protein	35,3g	10,6g	34,3g	10,3g	38,7g	11,6g	34,7g	10,4g
Salt	0,001g	0,0003g	0,001g	0,0003g	0,001g	0,0003g	0,001g	0,0003g
Vitamins								
A	130,7µg	39,2µg	130,7µg	39,2µg	130,7µg	39,2µg	130,7µg	39,2µg
C	8,3mg	2,5mg	8,3mg	2,5mg	8,3mg	2,5mg	8,3mg	2,5mg
D	2µg	0,6µg	2µg	0,6µg	2µg	0,6µg	2µg	0,6µg
E	2mg	0,6mg	2mg	0,6mg	2mg	0,6mg	2mg	0,6mg
K	13µg	3,9µg	13µg	3,9µg	13µg	3,9µg	13µg	3,9µg
Thiamine	0,2mg	0,07mg	0,2mg	0,07mg	0,2mg	0,07mg	0,2mg	0,07mg
Riboflavin	0,3mg	0,09mg	0,3mg	0,09mg	0,3mg	0,09mg	0,3mg	0,09mg
Niacin	3,3mg	1mg	3,3mg	1mg	3,3mg	1mg	3,3mg	1mg
Pantothenic acid	0,6mg	0,17mg	0,6mg	0,17mg	0,6mg	0,17mg	0,6mg	0,17mg
B 6	0,3mg	0,09mg	0,3mg	0,09mg	0,3mg	0,09mg	0,3mg	0,09mg
Biotin	2,7µg	0,8µg	2,7µg	0,8µg	2,7µg	0,8µg	2,7µg	0,8µg
Folic acid	27,3µg	11,2µg	27,3µg	11,2µg	27,3µg	11,2µg	27,3µg	11,2µg
B 12	0,3µg	0,08µg	0,3µg	0,08µg	0,3µg	0,08µg	0,3µg	0,08µg
Mineral salts								
Sodium	113,3mg	34mg	113,3mg	34mg	113,3mg	34mg	113,3mg	34mg
Calcium	130,7mg	39,2mg	130,7mg	39,2mg	130,7mg	39,2mg	130,7mg	39,2mg
Phosphorus	112mg	33,6mg	112mg	33,6mg	112mg	33,6mg	112mg	33,6mg
Potassium	298,7mg	89,6mg	298,7mg	89,6mg	298,7mg	89,6mg	298,7mg	89,6mg
Magnesium	28mg	8,4mg	28mg	8,4mg	28mg	8,4mg	28mg	8,4mg
Iron	2mg	0,6mg	2mg	0,6mg	2mg	0,6mg	2mg	0,6mg
Selenium	9,3µg	2,8µg	9,3µg	2,8µg	9,3µg	2,8µg	9,3µg	2,8µg
Zinc	2mg	0,6mg	2mg	0,6mg	2mg	0,6mg	2mg	0,6mg
Fluorine	0,3mg	0,1mg	0,3mg	0,1mg	0,3mg	0,1mg	0,3mg	0,1mg
Iodine	24,3µg	7,3µg	24,3µg	7,3µg	24,3µg	7,3µg	24,3µg	7,3µg
Chloride	112mg	33,6mg	112mg	33,6mg	112mg	33,6mg	112mg	33,6mg
Copper	224µg	67,2µg	224µg	67,2µg	224µg	67,2µg	224µg	67,2µg
Chromium	4,7µg	1,4µg	4,7µg	1,4µg	4,7µg	1,4µg	4,7µg	1,4µg
Molybdenum	13µg	3,9µg	13µg	3,9µg	13µg	3,9µg	13µg	3,9µg
Manganese	0,2mg	0,06mg	0,2mg	0,06mg	0,2mg	0,06mg	0,2mg	0,06mg

LYOgurt

- banana
- coffee
- strawberry
- peach

Ingredients: semi-skimmed milk yogurt, whey proteins, fruit pulp, glucose fructose syrup, flavoring, thickener (pectin, guar gum), citric acid, mineral salts (zinc sulphate, iron sulphate, magnesium carbonate, calcium phosphate, potassium chloride, potassium hydroxide, potassium phosphate, potassium iodide, sodium selenite, potassium iodate, sodium fluoride, manganese sulphate monohydrate, chromium (III) potassium sulphate 12-dehydrate, copper (II) sulfate anhydrous, sodium molybdate), vitamins (retinyl acetate, thiamine chloride, cyanocobalamin, riboflavin, nicotinamide, calcium D-pantothenate, pyridoxine chloride, D-biotin, pteroilmonoglutammic acid, L-ascorbic acid, cholecalciferol, DL- α -tocopheryl acetate, phyloquinone).

Instructions for use: Pour 100ml of cold potable water in the bottle. Mix well, wait 2 minutes. Lyogurt is ready to taste. To be served quickly, this product contains no preservative.



Re-hydrated product

LYOfruit

- apple
- apple-pear
- apple-peach
- apple-apricot

Ingredients: fruit compote, whey proteins, sugar, citric acid, mineral salts (zinc sulphate, iron sulphate, magnesium carbonate, calcium phosphate, potassium chloride, potassium hydroxide, potassium phosphate, potassium iodide, sodium selenite, potassium iodate, sodium fluoride, manganese sulphate monohydrate, chromium (III) potassium sulphate 12-dehydrate, anhydrous copper sulphate, sodium molybdate), vitamins (retinyl acetate, thiamine chloride, cyanocobalamin, riboflavin, nicotinamide, calcium D-pantothenate, pyridoxine chloride, D-biotin, pteroilmonoglutammic acid, L-ascorbic acid, cholecalciferol, DL- α -tocopheryl acetate, phyloquinone).

Instructions for use: Pour 100ml of cold potable water in the bottle. Mix well, wait 2 minutes. The dessert is ready to taste. To be served quickly, this product contains no preservative.



Re-hydrated product

LYOgurt								
NUTRITION FACTS	Banana		Coffee		Strawberry		Peach	
	Per 100g	Serv. 35g	Per 100g	Serv. 35g	Per 100g	Serv. 35g	Per 100g	Serv. 35g
Energy	1738 kJ	608 kJ	1797 kJ	629 kJ	1738 kJ	608 kJ	1933 kJ	677 kJ
	410 kcal	144 kcal	424 kcal	148 kcal	410 kcal	144 kcal	456 kcal	160 kcal
Fat	4,6g	1,6g	4,6g	1,6g	4,6g	1,6g	4,6g	1,6g
saturated	2,8g	1g	2,8g	1g	2,8g	1g	2,8g	1g
Carbohydrates	53,4g	18,7g	57,1g	20g	53,4g	18,7g	65,1g	22,8g
Sugars	53,4g	18,7g	57,1g	20g	53,4g	18,7g	65,1g	22,8g
Protein	38,8g	13,6g	38,6g	13,5g	38,8g	13,6g	38,6g	13,5g
Salt	0,002g	0,0007g	0,002g	0,0007g	0,002g	0,0007g	0,002g	0,0007g
Vitamins								
A	514,3µg	180µg	514,3µg	180µg	514,3µg	180µg	514,3µg	180µg
C	51,4mg	18mg	51,4mg	18mg	51,4mg	18mg	51,4mg	18mg
D	6,6µg	2,3µg	6,6µg	2,3µg	6,6µg	2,3µg	6,6µg	2,3µg
E	6,6mg	2,3mg	6,6mg	2,3mg	6,6mg	2,3mg	6,6mg	2,3mg
K	51,4µg	18µg	51,4µg	18µg	51,4µg	18µg	51,4µg	18µg
Thiamine	0,8mg	0,3mg	0,8mg	0,3mg	0,8mg	0,3mg	0,8mg	0,3mg
Riboflavin	1,1mg	0,4mg	1,1mg	0,4mg	1,1mg	0,4mg	1,1mg	0,4mg
Niacin	8,6mg	3mg	8,6mg	3mg	8,6mg	3mg	8,6mg	3mg
Pantothenic acid	3,4mg	1,2mg	3,4mg	1,2mg	3,4mg	1,2mg	3,4mg	1,2mg
B 6	1,4mg	0,5mg	1,4mg	0,5mg	1,4mg	0,5mg	1,4mg	0,5mg
Biotin	17,1µg	6µg	17,1µg	6µg	17,1µg	6µg	17,1µg	6µg
Folic acid	128,6µg	45µg	128,6µg	45µg	128,6µg	45µg	128,6µg	45µg
B 12	1,7µg	0,6µg	1,7µg	0,6µg	1,7µg	0,6µg	1,7µg	0,6µg
Mineral salts								
Sodium	428,6mg	150mg	428,6mg	150mg	428,6mg	150mg	428,6mg	150mg
Calcium	642,8mg	225mg	642,8mg	225mg	642,8mg	225mg	642,8mg	225mg
Phosphorus	234,3mg	82mg	234,3mg	82mg	234,3mg	82mg	234,3mg	82mg
Potassium	642,8mg	225mg	642,8mg	225mg	642,8mg	225mg	642,8mg	225mg
Magnesium	68,6mg	24mg	68,6mg	24mg	68,6mg	24mg	68,6mg	24mg
Iron	6,6mg	2,3mg	6,6mg	2,3mg	6,6mg	2,3mg	6,6mg	2,3mg
Selenium	25,7µg	9µg	25,7µg	9µg	25,7µg	9µg	25,7µg	9µg
Zinc	4,3mg	1,5mg	4,3mg	1,5mg	4,3mg	1,5mg	4,3mg	1,5mg
Fluorine	0,6mg	0,2mg	0,6mg	0,2mg	0,6mg	0,2mg	0,6mg	0,2mg
Iodine	85,7µg	30µg	85,7µg	30µg	85,7µg	30µg	85,7µg	30µg
Chloride	428,6mg	150mg	428,6mg	150mg	428,6mg	150mg	428,6mg	150mg
Copper	1200µg	420µg	1200µg	420µg	1200µg	420µg	1200µg	420µg
Chromium	34,3µg	12µg	34,3µg	12µg	34,3µg	12µg	34,3µg	12µg
Molybdenum	42,8µg	15µg	42,8µg	15µg	42,8µg	15µg	42,8µg	15µg
Manganese	1,1mg	0,38mg	1,1mg	0,38mg	1,1mg	0,38mg	1,1mg	0,38mg

LYOfruit								
NUTRITION FACTS	Apple		Apple-Pear		Apple-Peach		Apple-Apricot	
	Per 100g	Serv. 34g	Per 100g	Serv. 34g	Per 100g	Serv. 34g	Per 100g	Serv. 34g
Energy	1607 kJ	546 kJ	1657 kJ	563 kJ	1612 kJ	548 kJ	1608 kJ	547 kJ
	379 kcal	129 kcal	391 kcal	133 kcal	380 kcal	129 kcal	379 kcal	129 kcal
Fat	0,3g	0,09g	1,5g	0,5g	0,2g	0,07g	0,1g	0,05g
saturated	0,03g	0,01g	0,03g	0,01g	0,003g	0,001g	0,02g	0,007g
Carbohydrates	58,8g	20g	59,1g	20,1g	58,8g	20g	58,8g	20g
Sugars	57,9g	19,7g	52,9g	18g	57,3g	19,5g	57,3g	19,5g
Fiber	7,6g	2,6g	7,6g	2,6g	7g	2,4g	7g	2,4g
Protein	31,5g	10,7g	31,5g	10,7g	32,3g	11g	32,3g	11g
Salt	0,0009g	0,0003g	0,0009g	0,0003g	0,0009g	0,0003g	0,0009g	0,0003g
Vitamins								
A	135,3µg	46µg	135,3µg	46µg	135,3µg	46µg	135,3µg	46µg
C	8,8mg	3mg	8,8mg	3mg	8,8mg	3mg	8,8mg	3mg
D	2,1µg	0,7µg	2,1µg	0,7µg	2,1µg	0,7µg	2,1µg	0,7µg
E	2,1mg	0,7mg	2,1mg	0,7mg	2,1mg	0,7mg	2,1mg	0,7mg
K	13,5µg	4,6µg	13,5µg	4,6µg	13,5µg	4,6µg	13,5µg	4,6µg
Thiamine	0,2mg	0,08mg	0,2mg	0,08mg	0,2mg	0,08mg	0,2mg	0,08mg
Riboflavin	0,3mg	0,11mg	0,3mg	0,11mg	0,3mg	0,11mg	0,3mg	0,11mg
Niacin	3,8mg	1,3mg	3,8mg	1,3mg	3,8mg	1,3mg	3,8mg	1,3mg
Pantothenic acid	0,6mg	0,2mg	0,6mg	0,2mg	0,6mg	0,2mg	0,6mg	0,2mg
B 6	0,3mg	0,11mg	0,3mg	0,11mg	0,3mg	0,11mg	0,3mg	0,11mg
Biotin	2,9µg	1µg	2,9µg	1µg	2,9µg	1µg	2,9µg	1µg
Folic acid	41,2µg	14µg	41,2µg	14µg	41,2µg	14µg	41,2µg	14µg
B 12	0,3µg	0,1µg	0,3µg	0,1µg	0,3µg	0,1µg	0,3µg	0,1µg
Mineral salts								
Sodium	123,5mg	42mg	123,5mg	42mg	123,5mg	42mg	123,5mg	42mg
Calcium	144,1mg	49mg	144,1mg	49mg	144,1mg	49mg	144,1mg	49mg
Phosphorus	123,5mg	42mg	123,5mg	42mg	123,5mg	42mg	123,5mg	42mg
Potassium	329,4mg	112mg	329,4mg	112mg	329,4mg	112mg	329,4mg	112mg
Magnesium	30,9mg	10,5mg	30,9mg	10,5mg	30,9mg	10,5mg	30,9mg	10,5mg
Iron	2,1mg	0,7mg	2,1mg	0,7mg	2,1mg	0,7mg	2,1mg	0,7mg
Selenium	10,3µg	3,5µg	10,3µg	3,5µg	10,3µg	3,5µg	10,3µg	3,5µg
Zinc	2,1mg	0,7mg	2,1mg	0,7mg	2,1mg	0,7mg	2,1mg	0,7mg
Fluorine	0,3mg	0,1mg	0,3mg	0,1mg	0,3mg	0,1mg	0,3mg	0,1mg
Iodine	26,5µg	9µg	26,5µg	9µg	26,5µg	9µg	26,5µg	9µg
Chloride	123,5mg	42mg	123,5mg	42mg	123,5mg	42mg	123,5mg	42mg
Copper	247,1µg	84µg	247,1µg	84µg	247,1µg	84µg	247,1µg	84µg
Chromium	5,1µg	1,75µg	5,1µg	1,75µg	5,1µg	1,75µg	5,1µg	1,75µg
Molybdenum	14,4µg	4,9µg	14,4µg	4,9µg	14,4µg	4,9µg	14,4µg	4,9µg
Manganese	0,2mg	0,07mg	0,2mg	0,07mg	0,2mg	0,07mg	0,2mg	0,07mg